



Exercise Physiologist Service Innovation

- **Purpose** to provide instruction, one on one exercise sessions and assessments to specialised groups as required, and provide timely and concise reports as per agreements with funding bodies and/or customers
- **Responsible** for providing effective exercise services for persons affected by MS and other neurological conditions

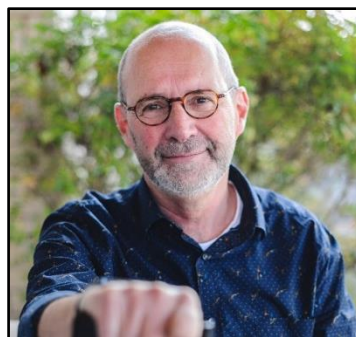


Multiple Sclerosis Limited, commonly known as MS, is the go-to provider of information, advice and support for people affected by multiple sclerosis.

We're a combined entity of the ACT, NSW, Victoria and Tasmania with over 60 years' insight into how to live well with progressive neurological conditions.

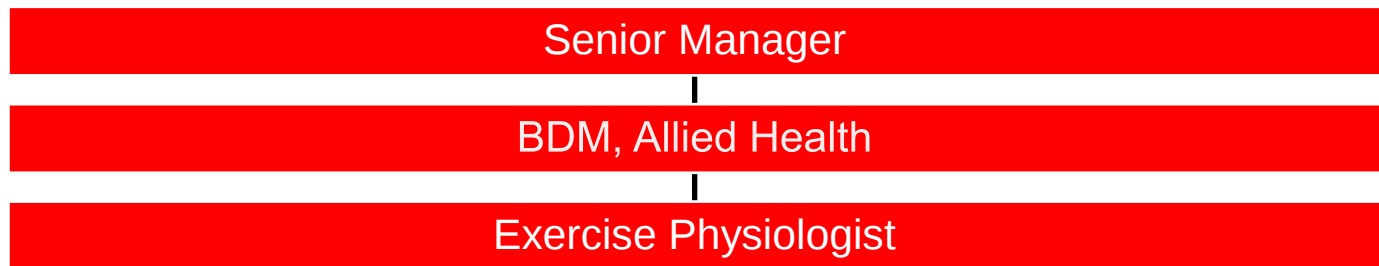
We offer vital support and services for people living with multiple sclerosis while the search for a cure continues.

We are here so no one has to face MS alone.





Organisation Dimensions



Position Dimensions

Budget (\$ value)	
Staff numbers	
Location/s	NSW Metro
Other	

Key Responsibilities

Organisational and Administration Support

- Plan exercise classes in conjunction with Exercise Co-ordinator across NSW to meet identified customer needs
- Provide specialist support to exercise groups and individuals across metropolitan area as required
- Ensure that a person centred approach is incorporated into all work practices and service delivery where applicable and safe to do so
- Support customers with their exercise goals
- Assist with initial assessments, exercise prescription and reviews of customers utilising MS exercise programs
- Adhere to compliance and reporting requirements when dealing with serious or sensitive matters
- Delivery of clear communication and time management
- Provision of up to date information to stakeholders in a timely manner
- Maintain accurate client records in data base
- Understanding of MSL financial accountability expectations
- Assistance in preparation of submissions for grants and funding options
- Provision of timely and concise reports to relevant funding bodies which are outcome based

Relationship Management

- Support customers and carers with ongoing needs and service
- Develop strong relationships with internal staff for ongoing development
- Maintain strong relationships with external relationships that benefit gym members and the facilities
- Promote services of the Gym with all agencies and organisations that may benefit from specialised equipment
- Work as part of a multidisciplinary team in providing service and support to customers



Values	
	• Actively support MS' purpose, value, service promise and strategic vision • Operate in line with MS' policies, procedure and practices • Promote and work within MS' Services Innovation delivery principles • Positively and constructively represent the organisation to external contacts at all opportunities • Behave in a way that contributes to a workplace that is free of discrimination, harassment and bullying behaviour at all times • Ensure the health, safety and welfare of self, team members and others • Follow all reasonable directions given by the organisation • Support and empower co-workers • Support, promote and show sensitivity to diversity in the work place • Actively support MS' Reconciliation Action Plan • Behaviour is in alignment with Culture, Service Promise & Foundation behaviours

Position Requirements

Knowledge, Skills and Experience

- Experience in assessments and goal orientated program development/exercise prescription
- Experience in providing exercise physiology support to persons with a disability, in particular neurological conditions
- Demonstrated ability to work collaboratively as part of a team and can add value in decision making beyond area of accountability
- Ability to network and develop effective working relationships
- Demonstrated ability to achieve results through strong influence and consultative skills
- Pragmatic, assertive, organised and demonstrates sound judgment and time management
- Demonstrated report writing ability within and outcome based environment
- High levels of computer literacy in using a range of Office computer packages
- Current Driver Licence
- Senior First Aid

Qualifications

- Accredited Exercise Physiologist (AEP) with Exercise and Sports Science Australia

Desirable

- Experience in using functional electrical stimulation (FES) as part of a rehabilitation program
- Experience in providing assessments and exercise prescription to persons with co-morbidities
- Knowledge of Multiple Sclerosis and the role of exercise in its management

Other – must be completed/provided prior to commencing employment

- Right to work in Australia
- Current valid driver's license
- Current national police record check
- International Police Check if lived overseas for longer than 12 months in the last 10 years (to be provided by the applicant)
- Current working with children or vulnerable people check if applicable
- Consent to DWES check if applicable